What's in My Drink? - Answer Key

Directions: Answer Key

(**true**) | **false**   1. Most people have at least one sugary drink per day.

(**true**) | **false**   2. Sugary drinks make you gain weight.

true | (**false**)   3. Drinking sugary drinks is good for your teeth.

(**true**) | **false**   4. Water has zero calories in it.

(**true**) | **false**   5. It is okay to drink fizzy water.

true | (**false**)   6. Chocolate milk is the best milk for you.

true | (**false**)   7. You can never have pop or any type of sugary drink.

(**true**) | **false**   8. Drinking water makes you happy.

true | (**false**)   9. Drinking water is bad for your heart.

true | (**false**)   10. The more sugar you drink, the more energy you will have.

GRADE
3-5